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#### Goal #1 (Advocacy):

## Develop strong advocates and leaders who create the change they want.

Objective 1. Annually increase the number of lowans with disabilities and family members who engage in the civic and political decision-making process.

Key Activities	Expected Outputs	Expected Outcomes	Progress
<ol> <li>Host local Capitol days and town hall meetings.</li> <li>Provide training for 2022         General Election to both community and facility sites</li> <li>Update voter training materials</li> <li>Provide advocacy trainings and advertise our ability to offer this assistance.</li> <li>Host and support Make Your Mark! and other self and family advocacy conferences.</li> <li>Educate and inform advocates, stakeholders, and legislators, through infoNET, social media posts, and emails.</li> <li>Increase the number of advocates connected to the lowans with Disabilities in Action network.</li> </ol>	<ol> <li>Five advocacy groups visit the State Capitol during session. Three advocacy groups hold town hall meetings during off session</li> <li>200 lowans attend voter trainings</li> <li>Voter material are updated at least annual to ensure they remain current</li> <li>Training and advocacy toolkits developed</li> <li>120 lowans with Disabilities and family members are active participants in advocacy trainings</li> <li>100 lowans with disabilities participate in the annual Make your Mark conference and other self and family advocacy conferences support by the DD Council</li> <li>12 issues of InfoNet are distributed to at least 4,000 lowans</li> </ol>	1. People with disabilities and family members learn about the legislative process and engage with lawmakers 2. People with disabilities using DD Council resources are registered and voting. 3. People with disabilities and a family members use the DD Council resources to stay informed and to increase their effectiveness as advocates	<ol> <li>In progress. Three townhall scheduled. We will advertise capitol day events starting in December.</li> <li>Will start late spring</li> <li>Working on this. Trying to arrange meeting with Secretary of State's office</li> <li>Providing this for the townhall meetings groups. Will schedule a general training for all in January</li> <li>Work to being this spring on MYM! Sponsoring Epilepsy Conference, Autism Society</li> <li>New changes to distribution of InfoNet starting in January. Stakeholder meeting in October. Capitol Chat December</li> <li>Campaign through our Advocacy Management</li> </ol>

		9. <b>se t</b> l			oilities—including young adu oles in projects, coalitions, c		
in	crease the inclusion of peop	le w	vith disabilities in community	y liv	ring.		
Ke	ey Activities	Ex	pected Outputs	Ex	rpected Outcomes	Pr	ogress
<ol> <li>3.</li> <li>4.</li> </ol>	Prepare self-advocates to train others to register to vote and vote.  Support self and family advocates, and Council members by hosting town hall meetings and other public events with local and state leaders in their communities.  Support peer-mentoring programs such as Community Ambassadors.  Explore how to create an intern position within our state structure for a person with a disability to assist with training and projects.  Continue partnerships with our DD network to provide the Youth Leadership Academy (YLA).  Support graduates of the youth leadership academy to engage in other councils,	<ol> <li>3.</li> <li>4.</li> <li>7.</li> </ol>	Five proposals for voter education and engagement that include people with disabilities in lead roles are supported by the Council Two town hall meetings and/or other events, led by people with disabilities are supported by the Council At least five people become peer mentors as a result of Council support Meetings held with DHS and our DD network partners on internship development 10 youth attend the Youth Leadership Academy 100% of graduates of YLA are engaged in other leadership types activities. 2 outreach events are held to create awareness of opportunities available on boards and commissions	<ol> <li>3.</li> <li>4.</li> </ol>	·	1. 2. 3. 4. 5. 7.	This will begin in late spring Three scheduled Partnering with CDD for another year for the ambassador projects. Videos will be updated and more events will be scheduled. They did share stories at the townhall meeting as requested by DHS Visited with VR about their internship program. Started conversations with DHS HR on how an internship project would work. Draft job description. Meetings to discuss changes to the curriculum for YLA happening Planning graduate retreat for this fall
	boards, community action groups at the local or state board	8.	At least one training is held for people with disabilities to be more effective				questions allowing people to

- 7. Support the mentoring program in the lowa Talent Bank (lowa's State and Local board and commission application site) by hosting outreach and awareness campaigns about opportunities available on commissions and boards at the local and state level.
- 8. Work with the Talent Bank and the Governor's office to begin tracking those with disabilities that serve on boards and commissions
- Work with DD network to train and mentor people with disabilities on how to be effective members of boards, councils, and commissions.
- 10. Work with boards, councils, and commissions to share ways they can be more inclusive of people with disabilities and the importance of inclusion.

- Council/commissions boards.
- Two or three Conversations/meetings are held with leaders/chairs of boards and commissions on how to be more inclusive

- identify that they have a disability
- 8. Same as above
- 9. Will start discussions with DD network at next meeting
- 10. Working with Governors office on how best to do this

Objective 1.3 By 2026, increase the number of lowans with disabilities who successfully advocate for their own health care needs.

#### **Key Activities**

1. With the DD network and other state partners, develop a resource toolkit

#### **Expected Outputs**

- 1. Resource toolkit developed
- 2. Ten providers supported

#### **Expected Outcomes**

lowans with disabilities advocated for their own health care needs

#### **Progress**

 UCEDD has a social work intern convening an advisory committee that will meet in

2.	to provide health and health care advocacy education for people with intellectual and developmental disabilities and those supporting them.  Promote the resources toolkit to providers and support health care advocacy training.		November to review toolkit developed by Oregon. Mark and Kristin from the Council have agreed to be on  This will happen later.

### Goal #2 (Systems Change):

Improve policy and practice that positively impacts people with disabilities.

Objective 2.1 Annually, target at least three key policy proposals (e.g. legislation, executive orders, or regulations being announced) to identify opportunities to educate policymakers about the impact of specific policies and make recommendations to ensure policies align with the principles of the Developmental Disabilities Act and the legislative priorities of the DD Council.

Ke	ey Activities	Ex	pected Outputs	Ex	cpected Outcomes	Pr	ogress
1.	Research state and federal public policies and trends effecting people with disabilities and share information to keep people informed	<ol> <li>2.</li> <li>3.</li> </ol>	Number of policies shared through email social media and at events. Two policy briefs developed Number of events and projects with other	1.		1.	This is done through InfoNet Social media. Several posts went out in October (merging of DHS and IPH, town hall meetings) Council staff participate in various
2.	and/or white papers with key recommendations	4.	DD network and number of		state agencies obtain input from the DD Council about policy changes that effect		meetings with national groups to stay abreast of Federal trends that may have impact
3.	Facilitate strong relationships with community organizations.	5.	issues identified Five meetings held with legislators prior to session		people with disabilities	2.	This will be done during session
4.	network partners (Disability Rights Iowa and the Center for Disabilities and Development) to identify issues and needs.	<ul><li>6.</li><li>7.</li></ul>	public comment at five or more commissions and council			3.	Establishing relationships with the three providers hosting townhall meeting. We have been working with Harkin institute. Also working with the Iowa Reach program,
	Foster relationships with policymakers to influence policy by meeting with key leaders prior to the 2022 session.	8.	Priorities developed			<ol> <li>4.</li> <li>5.</li> </ol>	We meet regularly with DRI and UCED. We have several projects with both. will host meeting before session with key legislators to
6.	Participate and provide public comment in						review DD Council priorities. Relationships developed

commissions and council meetings (Mental Health Disability Services, Medical Assistance Advisory Council, the Autism Council, the Brain Injury Council, and the Olmstead Task Force) and before administrative rules and legislative committees  7. With Council members and DD network partners, develop an annual list of policy priorities that increase community living for people with disabilities.  8. Educate policymakers and other state leaders about gathering input from people with disabilities and sharing information in plain language.  9. Educate policymakers and other state leaders on how to gather input from people with disabilities.			through townhall. Need to work on doing an open house.  6. Council staff do participate in meetings and provide public comment as necessary  7. Bill will establish a committee to develop these to be approved at January meeting Look at moving up time frame for legislative priorities to be approved next year November 2022  8. Council staff did encourage DHS to host townhall meeting on the community integration plan. We need to continue to work on the best way of doing this. Suggestions on the best way to do this from the Council members Possibly put together a cheat sheet for legislators on what plain language means and how to gather input  9.
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Objective 2.2 With the use of DD Council resources, people with disabilities and/or their family members will annually propose new legislation and/or policy changes or about an issue important to them.

Key Activities	Expected Outputs	Expected Outcomes	Progress
Use infoNET to inform lowans with disabilities and their families about policies	Fifteen electronic issues of infoNet are produced, four print publications are produced.	As a result of using the DD Council resources, people with disabilities and family members	This will start with session but infoNet has been sharing information about the

- that impact community living and inclusion.
- 2. Share grassroots success stories of people advocating for themselves locally and at the state and federal levels.
- 3. Support and collaborate with the Iowa Family Leadership Training Institute to help families advocate for themselves and others.
- 4. Host regular (at least monthly) policy calls with advocates and stakeholders during the legislative session for discussion and questions about proposed legislation.

- 2. 2,000 people with disabilities receive InfoNet
- 3. Thirty-five social media posts are made
- 4. Three success stories shared
- 5. 10 family members are trained through the lowa Family Leadership Training
- 6. Eight policy calls are held
- 7. 10 advocates attend each call

are instrumental in positive policy changes.

Legislative leaders and state agencies obtain input from people with disabilities and family members about policy changes that effect people with disabilities

- redistricting sessions, special elections and the merging of DHS and IDPH
- We need to work on this with Council members help. Mike's video could be one of them.
- 3. This happens in the Spring
- 4. Two will happen before session

Objective 2.3 In collaboration with our DD network partners, the DD Council will establish relationships with underserved populations of people with disabilities living in rural communities to increase those that use our DD Council tools and resources to advocate for priorities that address the needs in their communities.

Key Activities	Expected Outputs	Expected Outcomes	Progress
<ol> <li>With the assistance of Council members, seek of opportunities in Council members' communities to host and/or sponsor community conversations and awareness initiatives</li> <li>Partner with the Department of Human Rights and local communities are opportunities.</li> </ol>	rural areas 2. Tools and resources adapted 3. Two voter training and/or local capitol days are hosted	<ol> <li>The DD Council will establish relationships with underserved populations</li> <li>Underserved populations advocate for their priorities</li> </ol>	<ol> <li>We are looking for Council members to host meetings in their local areas with us. Rob Roozeboom shared he would be interested.</li> <li>Council staff will set up a meeting with DHR in November.</li> </ol>

3.	Continue to sustain relationships developed by adapting DD Council tools, training and resources so		
	people can better advocate for their needs and stay engaged and informed.		
4.	Host targeted voter trainings, local capitol days		
	and town hall meetings for people in underserved communities.		

### **Goal #3 Capacity Building**

Strengthen communities to support people with disabilities.

Objective 3.1 Through annual training, technical assistance, and resources, the DD Council will collaborate the DD network, state agencies, and community programs to improve competitive integrated employment outcomes for people with disabilities.

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Key Activities	Expected Outputs	Expected Outcomes	Progress
<ol> <li>Partner with Iowa         Vocational Rehabilitation,         the Iowa Coalition on         Integrated Employment,         and our DD network to         provide training         opportunities to community         rehabilitation providers.</li> <li>Through infoNET and         lowans with Disabilities in         Action, promote National         Disabilities Employment         Awareness Month with         various activities with local         and state officials and         legislators.</li> <li>Share employment success         stories, with advocates,         stakeholders, legislators         and community businesses.</li> <li>Sponsor and collaborate         with DD partners         (the Autism Society,         Association of People         Supporting Employment         First, Iowa Vocational         Rehabilitation, and others)         to host employment-         specific conferences for</li> </ol>	<ol> <li>Five community rehabilitation providers are trained</li> <li>Four events promoting integrated employment are held during NDEAM month</li> <li>Four employment success stories are shared</li> <li>Thirty people with disabilities attend an employment related conference.</li> </ol>	1. Iowans with disabilities and their families advocated for policies and practices that support integrated community employment  2. More people with disabilities are competitively employed	<ol> <li>We are continuing the         Customized Employment         project with VR for another         year. They are offering this         program statewide to all         providers who go through the         customized employment         training.</li> <li>We developed four videos         that were shared on Facebook         and through email. We         hosted a benefits planning         webinar for self advocates.         Have people featured in the         videos share them with their         legislators. Frequent social         media posts</li> <li>We will continue to share         these videos and others         throughout the year.</li> <li>No conferences</li> </ol>

other community programs to direct services, enhance syste	0, 2026, the DD Council will part invest in at least two projects to ems, respond to emergent issue on, housing, assistive technolog	o demonstrate new approaches s, or eliminate barriers to acces	to s and use of community
services (such as transportati			
Key Activities	Expected Outputs	Expected Outcomes	Progress